



ICEBERGS OF DISKO BAY

This trip is a chance to become an Arctic Explorer and uncover the highlights of Disko Bay from icebergs and whales to glaciers and islands. Our carefully designed itinerary is fully flexible and customizable whether you want to go hiking in the footsteps of famous explorers, on an Inuit fishing excursion or sea-kayaking among whales and icebergs...

 Region	Disko Bay
 Activity	Self-guided Summer
 Duration	10 days
 Code	GROL8VA
 Price	From €1,995

ITINERARY

Day 1 Ilulissat



Welcome to Greenland! Transfer from airport to your accommodation in Ilulissat. Located approximately 220 miles north of the Arctic Circle it is an interesting town - it has as many sled dogs as people!

Suggested activities: Walking tour of Ilulissat

Accommodation: Hostel or hotel

Day 2 Ilulissat / Oqaatsut (Rodebay)



10.00am boat trip to the tiny traditional settlement of Oqaatsut and its coloured houses. Located 15km north of Ilulissat on a peninsula facing the island of Disko this picturesque village has only about 40 inhabitants. Take time to explore this delightful village at the end of the world with its traditional Inuit culture, stunning scenery and friendly locals. This afternoon you can go hiking or sea-kayaking with an English speaking expert guide to further explore this area.

Transport: 25-30 minute boat trip, Ilulissat - Oqaatsut, Disko Bay

Suggested activities: Explore Oqaatsut & go hiking. Book sea-kayaking with English guide from 280 € / person

Accommodation: Hotel

Day 3 Oqaatsut / Ilulissat



Today you have time to fully explore this stunning area before your boat to Ilulissat at 7.30pm. We recommend hiking, marked trails from your accommodation lead to beautiful views of Greenland's rugged scenery including lakes, tundra & mountains; ice formations, the sea and small Inuit huts.

Transport: 25-30 minute boat trip, Oqaatsut - Ilulissat, Disko Bay

Suggested activities: Explore Oqaatsut & hiking

Accommodation: Hostel or hotel

Day 4 Cruising Disko Bay / Eqi Glacier / Victor Port



Today your boat leaves at 7:00am for the famous Eqi Glacier, an early start but a truly spectacular day, Cruise through the ice-filled waters of Ilulissat Icefjord (UNESCO World Heritage Site), a truly unique place with icebergs of all shapes and sizes. After 4 hours of sailing your boat will arrive at Eqi Glaciers enormous ice wall. Here a snack served whilst you observe a truly spectacular show of rumbling blocks of ice breaking free from the glacier and splashing into the waters below. The boat docks at Port Victor, where you will disembark and find your accommodation for the night, a charming chalet with panoramic views of the glacier.

Transport: 7 hour boat trip, Ilulissat to Eqi Glacier & Port Victor

Suggested activities: Boat trip

Accommodation: Chalet

Day 5 **Hiking in the footsteps of polar explorers**



Today, an English speaking expert guide can lead you on a spectacular hiking adventure in accordance with the conditions, your hiking fitness and motivations. There are endless hiking options here in one of the most wild and remote places in the world.

There is a truly special full day hike which follows the footsteps of the famous the French polar explorers who first ventured here in the 1940s up to the ice sheet. (This option is available in June, July and August from €170 per person)

There are also several half-day and shorter options to explore the varied zones of the wild region around Eqi glacier. You can traverse the river delta, observe icebergs stranded on sand and go hiking at the foot of the imposing Eqi Glacier where seals play and sunbathe.

Suggested activities: Hiking with an English speaking expert guide (prices vary depending on length & difficulty)

Additional options: Mini expedition, you can embark on a 2 day guided hike with a night camping, conditions permitting, this could be a night camping on the ice cap (please request when booking)

Accommodation: Chalet

Day 6 **Victor Port / Ilulissat**



Final morning at Eqi Glacier to explore the area at leisure before an afternoon boat back to Ilulissat. We are sure you will find the return journey just as spectacular as you cruise through iceberg-filled waters.

Transport: 7 hour boat trip, Port Victor & Eqi Glacier to Ilulissat

Suggested activities: Sight-seeing, boat trip

Accommodation: Hostel or hotel

Day 7 **Ilulissat / Qeqertarsuaq**

Ilulissat / Qeqertarsuaq

Today a local ferry will take you across Disko Bay to the island of Disko (also called Qeqertarsuaq). Disko Bay is known as the sea of ice but it is said that during the summer months there are more whales

than icebergs here! Keep your eyes open, particularly for humpback whales, as the ferry weaves between icebergs and heads towards the impressive 1000m cliffs of Qeqertarsuaq. Depending on your desires, after finding your accommodation, we suggest a walk to a 'look-out' observation spot in the south of the island where you can observe whales, other marine life and spectacular views.

Transport: 2 1/2 hour boat trip across Disko Bay

Suggested activities: Sight-seeing, boat trip

Accommodation: Hostel

📍 Day 8 **Disko Island**



Today is a day to explore Disko Island as you wish. Free hikes from your accommodation can lead you to some of the island's most impressive features. You can explore Blaesedalen 'the U-shaped valley of the winds' with its numerous waterfalls; discover beaches with icebergs which have run aground and explore Kuannit with its fields, hot springs and volcanic cliffs.

If you are looking for something challenging, you can hike up to Lyngmark Glacier: here, not only is there a breathtaking panorama view of the entire island but also the only dog sledding opportunity in summer in Greenland!

Suggested activities: Hiking

Additional options: Lyngmark Glacier walking and dog sledding excursions (1-2 day excursions possible), hiking to Osterlien with its warm springs and angelica, whale watching safari

Accommodation: Hostel

📍 Day 9 **Qeqertarsuaq / Ilulissat**



We are sure that your boat trip back across Disko Bay to Ilulissat will be just as special as the first trip across - don't forget to look out for whales! You have this afternoon to explore Ilulissat at leisure, we have lots of recommendations and optional excursions for your last day in Greenland.

- Guided tour of Ilulissat city
- Guided hiking in the Semermiut Valley, a sacred place where Inuits settled more than 3000 years ago
- Helicopter flight over the glacier which covers most of the northern hemisphere in ice
- A Greenlandic fishing excursion

- Whale-watching outing, picnic included

Please see a full list of Optional Activities under 'Dates & Prices'

Transport: 2 1/2 hour boat trip across Disko Bay

Choose from a selection of activity options

Accommodation: Hostel or hotel

📍 Day 10 **Farewell Greenland**



Transfer to airport

This itinerary, including walking distances and times, is indicative and fully flexible.

Other trips you may like



The Greenlandic Haven of Oqaatsut: Throw yourself into Inuit culture and experience a Greenlandic summer from remote Oqaatsut - a tiny settlement North of Disko bay where Inuit cultures remain unspoiled. The tranquility of the miraculous nature here, in this forgotten corner of the world, is sure to impress. Discover more with guided hikes and cruises...

PERIOD & BUDGET

When to travel?

The best period for travelling is during the following months:

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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Price

Trip prices are based on 2 travellers.

Standard accommodation options from €1995 per person

Add luxury accommodation options from +€700

The budget is an indication of the price per person, subject to availability. Your local agent will send you a customized quote with the exact price. The price can vary according to availability, level of services, period of travel, number of participants, booking time frame and other items.

Included

- 4 nights accommodation in Ilulissat (hotel or youth hostel accommodation options available)
- Return boat trip from Ilulissat to Eqi Glacier & Victor Port (breakfast, lunch and snacks on board depending on the time)
- 2 nights in a double chalet overlooking Eqi Glacier with breakfast
- Return boat trip Ilulissat / Rodebay (25-30 minute trip each way)
- Return boat trip Ilulissat / Qeqertarsuaq (2 1/2 hours each way)
- 1 night hotel accommodation in Oqaatsut, double room, shared bathroom, breakfast included
- 2 nights hostel accommodation in Qeqertarsuaq, double room, shared bathroom, breakfast included
- If you choose hotel accommodation in Ilulissat, breakfasts in Ilulissat and airport transfers will also be included

Not included

- Registration free: €18 per person
- Flights & airport transfers*
- Insurance
- Breakfasts in Ilulissat are not included*
- Dinners and lunches are not included unless otherwise specified (please see 'Food' section for more information)

*If you choose hotel accommodation in Ilulissat, breakfasts and airport transfers will be included.

Additional Options

Prices listed in euros are to be paid with the trip total before departure. Prices listed in DKK are to be paid locally. Please contact us for more information about activities for which 'prices vary'. Please let us know if you would like to reserve any of the following optional activities:

- Ilulissat Museum: from €8 Greenlandic meal in traditional restaurant: from €30
- Oqaatsut sea-kayaking excursion with an English speaking expert guide, all equipment included: from €280 per person
- Eqi Glacier Mini expedition: you can embark on a 2 day guided hike with a night camping, conditions permitting, this could be a night camping on the ice cap Lyngmark
- Glacier walking and dog sledding excursions on Disko Island: 1-2 day excursions possible, prices vary
- Guided hiking to Osterlien, Disko Island, with warm springs and angelica: from €44
- Disko Island whale watching safari: prices vary
- Guided tour of Ilulissat city: €44
- Guided hiking in the Semermiut Valley: from €44
- Helicopter flight over the glacier high covers most of the northern hemisphere in ice: from €493
- A Greenlandic fishing excursion: from €274
- Whale-watching outing, picnic included: from €158
- A three hour evening kayaking excursion: from €210

Notes

Comfortable Accommodation

Well-equipped accommodation options like basic hotels or charming guesthouses are rated 4/5 for comfort. Please note that

depending on the destination this does not necessarily guarantee private bathroom and kitchen facilities.

Luxury Accommodation

Our luxury trips include hotel accommodation with private rooms and en-suite options.

Level

This is your trip, you can choose how challenging or relaxing each day is.

Terms and conditions

Booking conditions

Booking a trip with Altai Greenland implies acceptance of the terms and conditions of sale. Each customer is required to complete a registration form and, subject to availability at the time of registration, travellers are expected to pay a deposit of 30% of the total price to complete their booking. Payments can be made online or by bank transfer. You will receive an e-mail with your booking confirmation.

Invoice procedure

Once your booking is confirmed you will receive an invoice by e-mail. The full balance of the trip must be received at least 35 days before your departure date. We reserve the right to cancel your booking, free of charge, if this deadline is not respected.

Cancellation policy

If for any reason you have to cancel your trip, Altai Greenland requires written confirmation of your decision. The money you have paid will then be refunded according to the following deductions:

- Cancellation received more than 30 days prior to the departure date: a sum of €50 per person will be retained
- Cancellation received 30 to 21 days before the departure date: your deposit, 30% of the total trip price will be retained
- Cancellation received 20 to 14 days before the departure date: 50% of the total trip price will be retained
- Cancellation received 13 to 7 days before the departure date: 75% of the total trip price will be retained
- Cancellation received less than 7 days before the departure date: 100% of the total trip price will be retained

Special cases:

Please note that, regardless of the date of cancellation or modification if you have agreed to pay for services such as hotel reservations, flights or additional activities, these services are usually non-refundable so additional fees may apply.

Fixed airfares: if your airline ticket was issued in advance, often done to avoid significant surcharges, you will be charged 100% of any non-refundable fees if you wish to change or cancel your flight plan.

Fixed in-country costs: early charges for firm bookings will be charged if you cancel or modify your trip. Insurance costs: if you have taken out comprehensive or cancellation insurance, the cost of insurance is due and cannot be refunded.

Please note that fees apply according to the date we receive your cancellation or modification request in writing.

If we have to cancel a departure due to an insufficient number of participants, you will be informed no later than 21 days before departure and a full refund will be issued, you will not be entitled to further compensation. We reserve the rights to cancel departures due to exceptional circumstances which may impact the safety of participants. Such circumstances include those amounting to 'force majeure' in which case participants will receive a full refund but they will not be entitled to any compensation.

Changes to travel contract

If you wish to make a change to your booking please contact Altai Greenland in writing; you will be expected to pay any fee which might arise from this change. In the event of unforeseen external events, Altai Greenland may change some aspects of the travel contract. If any changes are necessary you will be informed as quickly as possible.

Pricing

The prices on our website are updated regularly and all of the prices we advertise are accurate when published. We reserve the rights to make changes to any of these prices. Before you make a booking we will give you the up-to-date price of your chosen holiday including any supplements, upgrades or additional activities you may have requested. If the number of travellers is fewer than the indicated number of participants on the website, a small group surcharge may be applied. For all of our trips we include details of services, prices and what is/is not included but please be aware that changes to the prices may be necessary in accordance with exchange rates or price changes of various components of the journey.

Contract transfer

If you are unable to travel for any reason, you can transfer your booking to another person in which case our modification

conditions apply. Both the transferor and transferee will be jointly and severally liable for payment of the total holiday price and other associated expenses. Some airline carriers treat name changes as cancellations and you may be required to pay for the cost of a new ticket.

Insurance

We strongly recommend that you take out personal travel insurance for your trip with Altaï Greenland as soon as your booking is confirmed. We advise you to purchase a travel insurance policy which covers flight cancellations, luggage loss and emergency health care. Please look carefully at which activities are covered by your insurer and do not forget to bring all necessary documents and information with you (name of the company, name of the contract, insurance policy number, telephone number...)

PRACTICAL INFO

Staff

This is a self-guided trip. Armed with an abundance of experience and a wealth of expert knowledge our professional Greenland team are always on hand. All activities are lead by our qualified guides - all English speaking outdoor practitioners with a passion for everything Greenlandic. Please note that this adventure takes place in an isolated polar environment which can be hostile - safety rules must be followed.

Food

The standard version of this trip includes 7 breakfasts, and one lunch. The luxury version includes all breakfasts and some of our additional optional excursions include meals.

Ilulissat

Food is not provided at the youth hostel but there is a fully equiped kitchen. You will find shops, markets, small cafes and restaurants nearby (~260DKK per meal). We recommend a budget of ~150DKK per day if you intend to buy food from local supermarkets and we recommend checking out the local fish market 'Brættet' found near to the hostel. If you choose hotel accommodation in Ilulissat, breakfasts and airport transfers will be included.

Oqaatsut

You can try fresh Greenlandic food and eat at the restaurant H8 (~220DKK per meal)

Boat Trips

Between Ilulissat and Port Victor (Eqi Glacier) breakfast, lunch and snacks will be served according to the time.

Eqi Glacier

Cafe Victor serves buffet or BBQ style local dinners (~350DKK). Here you can try delicacies such as reindeer, musk-ox, cod and halibut. You can also purchase picnic or buffet style lunches (~70 - 130DKK).

Accommodation

Ilulissat

Hostel accommodation near the city center, shops and the port - simple yet comfortable accommodation with shared facilities. You will have access to the kitchen, a telephone, washing machine and a living room with a TV. Our luxury accommodation hotel accommodation with private facilities, breakfasts and airport transfers are also included.

Oqaatsut

Double room hotel accommodation, shared toilets. The rooms are spacious and nicely decorated and there is a kitchen / dining room with breakfast served until 9.30am. There is a large terrace with views of the site and a washing machine available in the village.

Eqi

Accommodation in a lodge facing the glacier. You can choose from standard or more luxurious chalets (1-4 persons). The standard chalets have toilets and washbasins and the more luxurious chalets have their own bathroom and toilet facilities. There is also a café restaurant here where breakfast is provided and you can choose from a great selection of local foods for lunch and dinner.

Transportation

In Greenland we use local boats, specially adapted for ice navigation, to cross fjords. For the boat trip to Eqi we use 3 different vessels for 60, 36 or 12 passagers.

Budget & exchange

The currency in Greenland is the Danish Krone (DKK)

Please budget for:

- Drinks and personal expenses
- We recommend a budget of around 2000DKK for food on this trip but this is widely variable. This number is based on a mixture

of restaurant and supermarket food options. Alcohol is very expensive in Greenland, if you want to enjoy an evening drink after your days adventures, we recommend buying Duty Free alcohol in the airport.

Supplied equipment

If you choose to participate in activities which require specialist equipment (like kayaking) all technical equipment will be provided.

Material

We prefer that you do not wear cotton clothing, including underwear, when participating in activities. When cotton gets wet from water or sweat it ceases to insulate and it does not dry fast. The best materials for outdoor activities are fast drying materials like polyester or materials which are warm when wet like wool. The most powerful materials against the wind and rain are 'breathable' materials like Gore-Tex or Nikwax.

Our advice for keeping warm

Winter in Greenland can be very cold, please think carefully about what clothes you bring, although we will provide warm outer layers, the layers you wear next to your skin make the biggest difference. We recommend:

- No cotton
- Bring dry spares of everything, even underwear and gloves
- Wear multiple layers including:
 1. A warm breathable base layer
 2. A second thermal layer
 3. Wind and waterproof protective out layer (we provide an additional quality jacket and over trousers)

Luggage

Please bring a small rucksack to use as a day bag. You can bring this as hand luggage on the aeroplane. You will carry your lunch, water, spare layers and any personal medication with you each day in this bag. You will also need a larger bag to store your other clothes and belongings in, please ensure that this is a soft bag like a rucksack or holdall rather than a hard cased suitcase because it is more practical. We recommend packing all of your clothes in plastic bags so that they stay dry in the event of bad weather.

Medicine

Your guide is a trained first-aider and will carry a full first aid kit at all times during the trip. We recommend that you bring a small personal first aid kit containing any medication you may need such as inhalers, plasters, antiseptic and painkillers.

Passport

Most travellers require a passport that is valid for at least three months after the return date. It is your responsibility to confirm your specific passport requirements and please be aware that proof of onwards travel may be required.

Visa

Most travellers do not need a VISA to travel to Greenland but proof of onwards travel may be required. It is your responsibility to confirm your specific visa requirements.

Mandatory vaccines

There are no specific health risks.

Health information & recommendations

It is your responsibility to check that your personal health insurance covers everything in this trip. A consultation with your doctor is a prerequisite for any trip.

Weather

Year round the temperatures in Greenland can range from -25°C to more than 20°C (-13°F to +68°F). The air is low in humidity which means that the temperatures do not feel as cold as you might imagine and that the views are amazing, it appears that you can see further. Generally speaking Greenland is not very windy and the warmest months are June - August.

The length of the day varies significantly throughout the year. The shortest day of the year is 21st December with no sunlight! The longest day, with 24 hours of sunlight, is 20th June. You can see the midnight sun from May - July and the Northern Lights in the darker months.

Electricity

Greenland uses Northern European electrical standards (50Hz/220 volts) and the standard Europlug socket with two round prongs.

Local time

Most of Greenland uses Coordinated Universal Time (UTC)/ Greenwich Mean Time (GMT) -3; most areas use Daylight Saving Time (DST).

Topography

Area: 836,300 mi²

Population: 56,186 inhabitants (2016)

Capital: Nuuk

Languages: Kalaallisut or West Greenlandic, Danish is also widely used

Regime: Part of the Kingdom of Denmark but politically autonomous

Part of the continent of North America, Greenland is the largest island on Earth and it is covered by the largest ice sheet in the world outside of Antarctica.

Sustainable tourism

As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take responsible tourism very seriously.

We respect the 'Leave No Trace' outdoor ethical code and try to explore this beautiful location whilst causing minimal environmental damage.

The Leave No Trace policy can be summarized in 7 simple steps which we hope you will follow during our trip...

1. Be prepared
2. Stick to trails and camp overnight right
3. Stash your trash and pick up waste
4. Leave it as you find it
5. Be careful with fire
6. Respect wildlife
7. Be considerate of other visitors

Over the years we have built up good relations with our local suppliers and we are keen to support local businesses as much as possible. We are a small company and we pay our local partners and suppliers directly insuring fair rates.

Our small group sizes not only provide a more intimate adventure but also cause less impact on the environment and local communities.

We expect all who travel with us to support and uphold our Sustainable Tourism philosophies.