

# THE WEST COAST OF GREENLAND

This adventure includes 3 nights on board the coastal boat Sarfak Ittuk and is ideal for travellers who want to explore the beautiful South West of Greenland. The trip includes visits to a variety of interesting Greenlandic towns and settlements, fantastic hiking opportunities and several boat trips through Greenlands iconic ice-filled seas. A chance to discover stunning landscapes from comfortable accommodation options and to explore fjords, glaciers and mountains.

 Région	Baie de Disko
 Activité	Autotour
	Eté
 Durée	12 jours
 Code	GROL4VA
 Prix	A partir de 1 800 €

## PROGRAMME

### 📍 Jour 1 Welcome to Greenland

Flight to Narsarsuaq and boat trip from Narsarsuaq to the tiny sheep farming Greenlandic settlement of Qassiarsuk where you will spend the night.

*Transport: Flight to Narsarsuaq and boat transfer to Qassiarsuk*

*Accommodation: Hostel in Qassiarsuk*

### 📍 Jour 2 Qassiarsuk / Itilleq / Igaliku



Qassiarsuk, also known as Brattahlíð, is where Eric the Red settled in 982. The tiny village has Norse ruins to explore as well as a church, school and shop. This afternoon a scenic boat trip will take you to Itilleq, from here a short walk (less than 3 miles) along the 'Kings Path' to Igaliku awaits. The path was named after the King of Denmark, Frederick the 9th who visited this stunning area in 1952. Igaliku is one of the most beautiful villages in Greenland with its stone houses, fertile lands and a bright blue fjord; it is surrounded by rugged golden mountains.

*2-3 hours of walking*

*Transport: Boat Trip*

*Accommodation: Hotel in Igaliku*

### 📍 Jour 3 Igaliku



Igaliku was the religious heart of 12th-century Norse Greenland and is best known for the impressive ruins of Garðar found here. In 1782 the Norwegian Anders Olsen settled in Igaliku with his Greenlandic wife Tuparna to raise cows in the meadows. This was the beginning of a new era for the village, there is a small museum inside the church which details this story. Nowadays Igaliku is a small sheep farming village with stunning hiking opportunities. You can hike along the river leading to Lake 90 and uncover stunning views of Qooroq fjord. Observe icebergs stranded on the moraines and the huge glacier at the bottom of the fjord, there is a good chance that you will find rock crystals and shimmering moonstone

(Labradorit) on this hike.

*Recommended activities: hiking and exploring (5-6 hours of walking)*

*Accommodation: Hotel in Igaliku*

### 📍 Jour 4 Igaliku / Itilleq / Narsaq



Walk back to Itilleq (less than 3 miles) and take a scenic boat trip to Narsaq, an inland Southern Greenlandic town with around 1700 inhabitants. Narsaq is located between two beautiful ice fjords and is surrounded by high mountains. Kvanefield mountain, known for its geology and concentration of rare minerals including pink Tugtupit is found here. Wherever you are in Narsaq you have views of the icebergs and ice cap.

2-3 hours of walking

Transport: Boat Trip

Accommodation: hostel in Narsaq

📍 Jour 5 **Hiking Narsaq / Embark on board Sarfak Ittuk (Wednesday)**



This evening boarding is at 9.30pm. Today there are ample hiking opportunities for all levels. If you want to climb Kvanefjeld we recommend taking a taxi to and from the nearby farm, from there it is a 12 - 15 mile hike. There is a beautiful 4 mile hike along the fjord up to Narsaq Point or you can summit Tasiigaaq, a small peak just behind the city with exceptional views. Do not miss the Narsaq Museum.

Recommended activities: Hiking

Transport: Board Sarfak Ittuk Cruise Ship

Accommodation: on board

📍 Jours 6 à 8 **Sarfak Ittuk Cruise**



Stops will be made in the following towns and villages: Qaqortoq, Arsuk, Paamiut, Qeqertarsuatsiaat, Nuuk (5h stopover), Maniitsoq, Kangaamiut, Sisimiut (2h30 stopover) & Aasiaat

Accommodation: On board

📍 Jour 9 **Ilulissat (Sunday)**



Arrive in Ilulissat 1.30pm. Located approximately 220 miles north of the Arctic Circle Ilulissat is an interesting place - it has many sled dogs as people! Discover more about the local culture, history and traditions on a walking tour of this iconic Greenlandic city.

Accommodation: Hotel or B&B in Ilulissat

📍 Jours 10 à 11 **Ilulissat**

Ilulissat

Explore Ilulissat at leisure, we have lots of recommendations and optional excursions for your two days in Ilulissat.

- Guided tour of Ilulissat city
- Guided hiking in the Semermiut Valley
- Helicopter flight over the glacier high covers most of the northern hemisphere in ice

- A Greenlandic fishing excursion
- Whale-watching outing, picnic included
- A three hour evening kayaking excursion

Please see a full list of Optional Activities under 'Dates & Prices'

*Choose from a selection of activity options*

*Accommodation: Hotel or B&B in Ilulissat*

♥ Jour 12 **Farewell Greenland**

Farewell Greenland  Transfer to airport and flights to Reykjavik or Copenhagen

*Accommodation: Hostel or hotel in Reykjavik or Copenhagen*

This itinerary, including walking distances and times, is indicative and fully flexible.

### ***Other trips you may like***



[Disko Bay Sailing Adventure:](#) 'All aboard!' Join us on a unique kayaking and hiking adventure in one of the most isolated places in the world and enjoy the comforts of our wooden sailing boat. Sail silently through the magical untouched Greenlandic wilderness with its many whales and icebergs. Go hiking and/or kayaking everyday in the land of ice whales and reindeer...

## PÉRIODE & BUDGET

### Quand voyager ?

La meilleure période pour voyager est la suivante :

janv.	févr.	mars	avr.	mai	juin	juil.	août	sept.	oct.	nov.	déc.
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### Prix

Prices start from €1800 / person. This number is based on 2 travellers and our standard accommodation options

*Ce budget est indiqué par personne, selon disponibilité. Votre agent local vous fera parvenir un devis personnalisé avec le prix exact. En effet, ce dernier peut varier en fonction de plusieurs éléments (disponibilité, niveaux de prestations, période, nb de participants, délai de réservation et bien d'autres encore).*

### Le prix comprend

- Airport transfers
- 3 nights in a hotel in Ilulissat, double or twin rooms with breakfast
- 4 nights in Southern Greenland, hostel or guesthouse accommodation, double or twin rooms with shared bathroom and kitchen facilities
- Luggage transportation to and from all destinations in South Greenland
- Boat trip Narsarsuaq to Qassiarsuk
- Boat trip Qassiarsuk to Itilleq
- Boat trip Itilleq to Narsaq
- 3 night, 4 day cruise on board Sarfak Ittuk

### Le prix ne comprend pas

- International flights
- Registration free: €18 per person
- Meals unless otherwise specified, food on board Sarfak Ittuk is not included

### Additional Options

Please let us know if you would like to reserve any of the following optional activities:

- Ilulissat Museum: from €8
- Greenlandic meal in traditional restaurant; from €30
- Guided tour of Ilulissat city: from €44
- Guided hiking in the Semermiut Valley: from €44
- Helicopter flight over the glacier hich covers most of the northern hemisphere in ice: from €493
- A Greenlandic fishing excursion: from €274
- Whale-watching outing, picnic included: from €158
- A three hour evening kayaking excursion : from €10

Please [contact us](#) for more information.

### Remarques

#### Comfortable Accommodation

Well-equipped accommodation options like basic hotels or charming guesthouses are rated 4/5 for comfort. Please note that depending on the destination this does not necessarily guarantee private bathroom and kitchen facilities.

#### Luxury Accommodation

Our luxury trips include hotel accommodation with private rooms and en-suite options.

#### Level

This is your trip, you can choose how challenging or relaxing each day is.

### Conditions de paiement et d'annulation

#### Inscription

L'inscription à l'une de nos activités ou voyage implique l'acceptation des conditions générales de vente. Chaque client doit remplir un bulletin d'inscription. L'inscription n'est acceptée qu'avec le versement d'un acompte représentant 30% du montant

total du voyage et dans la mesure des places disponibles. Si l'inscription se fait à moins de 35 jours du départ, le prix total du voyage devra être réglé dès l'inscription. Vous pouvez effectuer votre paiement par virement bancaire (SWIFT/IBAN) ou par carte bleue directement sur le site. Une confirmation d'inscription vous sera envoyée par mail dans les plus brefs délais.

### **Facturation**

Une fois votre réservation enregistrée, nous vous envoyons par mail votre facture. Le solde doit nous parvenir au moins 35 jours avant votre date d'arrivée. Si le solde du voyage ne nous est pas parvenu dans ces délais, Altaï Greenland se réserve le droit d'annuler la réservation sans indemnité.

### **Annulation**

Si pour quelque raison que ce soit, vous devez annuler votre voyage, les sommes que vous avez versées vous seront remboursées sous réserve des retenues suivantes :

- Annulation reçue plus de 30 jours avant la date de départ : une somme de 50 € par personne sera retenue.
- Annulation reçue 30 à 21 jours avant la date de départ : votre acompte, 30% du prix total du voyage sera retenu.
- Annulation reçue 20 à 14 jours avant la date de départ : 50% du prix total du voyage sera retenu.
- Annulation reçue 13 à 7 jours avant la date de départ : 75% du prix total du voyage sera retenu.
- Annulation reçue moins de 7 jours avant la date de départ : 100% du prix total du voyage sera retenu.

**Vous devez nous faire connaître votre décision d'annulation par écrit. C'est la date de réception de votre demande qui déterminera la date de votre annulation.**

### **Cas particuliers :**

Quelle que soit la date d'annulation ou de modification de contrat, les frais suivants s'ajoutent au barème ci-dessus :

- Frais fixes aériens : si votre billet d'avion doit être émis longtemps à l'avance, souvent pour vous éviter des suppléments importants, 100% des frais non remboursables en cas d'annulation ou de modification de votre plan de vol vous seront facturés. Dans ce cas le barème ci-dessus ne s'applique que sur le prix du voyage sans le vol.
- Frais fixes terrestres : les frais engagés tôt pour des réservations fermes vous seront facturés en cas d'annulation.
- Frais d'assurance : que vous ayez souscrit une assurance multirisques ou une assurance annulation, le montant de l'assurance est dû et ne peut faire l'objet d'aucun remboursement. Ces conditions spécifiques vous seront signifiées sur votre confirmation d'inscription.

Si Altaï Greenland se trouve dans l'obligation d'annuler un départ en groupe, en raison du nombre insuffisant de participants, la décision sera prise et les clients informés au plus tard 21 jours avant le départ. Altaï Greenland peut également annuler un départ suite à des événements exceptionnels, relevant notamment des cas de force majeure pouvant porter atteinte à la sécurité des participants. Dans ces cas les participants seront remboursés intégralement des sommes qu'ils ont versées sans toutefois pouvoir prétendre à aucune indemnité.

### **Modification du contrat**

En cas de modification d'un voyage par le client entraînant des frais pour Altaï Greenland, ces frais seront à la charge du client. Dans tous les cas, toute modification fera l'objet d'un écrit. Altaï Greenland pourrait modifier des éléments au contrat de voyage, si des événements extérieurs à notre volonté s'imposaient. Nos clients en seraient informés par écrit dans les plus brefs délais.

### **Prix et révision des prix**

Pour les voyages en groupe, les prix figurant sur le site internet ont été calculés et sont valables pour le nombre indiqué de participants pour chaque voyage. Les tarifs sont confirmés lors de l'inscription. Si le nombre de participants est inférieur, un supplément petit groupe peut être appliqué. Pour tous les séjours ou programmes, nous mentionnons le prix par personne, valable à partir d'un certain nombre de participants, et nous détaillons les prestations incluses et non incluses de ce prix. Toute modification des taux de change, des prix des différents éléments composant un voyage et en particulier le prix des carburants peut entraîner un réajustement du prix.

### **Cession du contrat**

Vous avez la possibilité de céder votre contrat à un cessionnaire qui remplit les mêmes conditions que vous pour effectuer le voyage tant que ce contrat n'a produit aucun effet. Vous êtes tenu d'informer Altaï Greenland de votre décision par tout moyen permettant d'en obtenir un accusé de réception et au plus tard sept jours avant le début du voyage. En cas de cession de contrat, le cédant et/ou le cessionnaire sont préalablement tenus d'acquitter les frais induits par la cession qui vous seront communiqués par votre conseiller. Le cédant et le cessionnaire sont solidairement responsables du paiement du solde du prix ainsi que des frais, redevances ou autres coûts supplémentaires éventuellement occasionnés par cette cession.

## ***Assurance***

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Nous vous invitons à souscrire une assurance personnelle garantissant les activités pratiquées avec Altaï Greenland dès que votre inscription est validée. Nous vous demandons de bien vouloir nous communiquer par mail les informations de votre contrat d'assurance (nom de la compagnie, nom du contrat, n° de police d'assurance, n° de téléphone) et d'emporter ces informations avec vous lors de votre séjour.

## INFOS PRATIQUES

### ***Encadrement***

This is a self-guided trip. Armed with an abundance of experience and a wealth of expert knowledge our professional Greenland team are always on hand. All activities are lead by our qualified guides - all English speaking outdoor practitioners with a passion for everything Greenlandic. Please note that this adventure takes place in an isolated polar environment which can be hostile - safety rules must be followed.

### ***Alimentation***

There are grocery stores in Qassiarsuk, Igaliku and Narsaq where you can buy canned, dried and frozen food, plus some fresh products. *In the smaller towns of Qassiarsuk and Igaliku please be aware that shop opening hours are generally restricted to 10am-3pm on weekdays and 10am - 12pm Saturdays, closed Sundays.*

**Igaliku hotel** accommodation options include hotel restaurants and cafes where you can purchase Greenlandic meals.

On board **Sarfak Ittuk Cruise Ship** there is a cafeteria which serves hot & cold meals, tea, coffee, snacks, beer, wine and soft drinks. Meal prices range from 60DKK- 90DKK. You can pay with Mastercard, Eurocard, Visa, Visa Electron, Akiliut or cash in Danish Kronas.

**In Ilulissat** breakfasts are provided if you choose B&B or hotel accommodation. No meals are provided if you choose our mini-apartment option but you will have a fully equipped kitchen. You will find shops, markets, small cafes and restaurants nearby (~260DKK per meal). We recommend a budget of ~150DKK per day if you intend to buy food from local supermarkets and we recommend checking out the local fish market 'Brættet'.

### ***Hébergement***

In Greenland accommodation is scarce and often limited in terms of capacity so during the summer season reservation long in advance is necessary. Please be aware that because of this, your accommodation may differ from what is stated in the itinerary.

Hostel in Qassiarsuk (shared facilities) / Hotel in Igaliku / Hostel in Narsaq (shared facilities)

**On board Sarfak Ittuk Cruise Ship:** Built in 1992 Sarfak Ittuk is 73 metres long and 11 metres wide, she can cruise up to speeds of 13 knots. The crew consists of 22 people and the ship has a cafeteria, a living room with panoramic windows and a games room and an infirmary. The ship can sleep up to 249 passengers and is organised as follows...

- 104 beds in single, twin and quadruple cabins: each cabin has its own bathroom and toilet and bedding is included
- 85 beds in 4 people compartments: bathrooms and toilets found in the hallway, bedding is included
- 60 berths: bedding not included

Internet is available on board for a small fee.

**In Ilulissat** you can stay in rustic B&B accommodation run by a local Greenlandic families. All B&Bs have heating, hot showers and shared toilets plus a kitchen area. Blankets, sheets and pillows are provided. We can also arrange hotel or mini apartment accommodation with private or shared facilities subject to availabilities, please [contact us](#) for more information.

### ***Déplacement et portage***

In Greenland we use local boats, specially adapted for ice navigation, to cross fjords. Please see 'Accommodation' for more information about the cruise ship used in this trip.

### ***Budget et change***

The currency in Greenland is the Danish Krone (DKK)

Please budget for:

- Food, drinks and personal expenses

We recommend a budget of around 3000DKK for food on this trip but this is widely variable. This number is based on a mixture of restaurant and supermarket food options. Alcohol is very expensive in Greenland, if you want to enjoy an evening drink after your days adventures, we recommend buying Duty Free alcohol in the airport.

## ***Equipment fourni sur place***

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If you choose to participate in activities which require specialist equipment (like kayaking) all technical equipment will be provided.

## ***Matériel***

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We prefer that you do not wear cotton clothing, including underwear, when participating in activities. When cotton gets wet from water or sweat it ceases to insulate and it does not dry fast. The best materials for outdoor activities are fast drying materials like polyester or materials which are warm when wet like wool. The most powerful materials against the wind and rain are 'breathable' materials like Gore-Tex or Nikwax.

### **Our advice for keeping warm**

Winter in Greenland can be very cold, please think carefully about what clothes you bring, although we will provide warm outer layers, the layers you wear next to your skin make the biggest difference. We recommend:

- No cotton
- Bring dry spares of everything, even underwear and gloves
- Wear multiple layers including:
  1. A warm breathable base layer
  2. A second thermal layer
  3. Wind and waterproof protective out layer (we provide an additional quality jacket and over trousers)

## ***Bagages***

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Please bring a small rucksack to use as a day bag. You can bring this as hand luggage on the aeroplane. You will carry your lunch, water, spare layers and any personal medication with you each day in this bag. You will also need a larger bag to store your other clothes and belongings in, please ensure that this is a soft bag like a rucksack or holdall rather than a hard cased suitcase because it is more practical. We recommend packing all of your clothes in plastic bags so that they stay dry in the event of bad weather.

## ***Pharmacie***

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Your guide is a trained first-aider and will carry a full first aid kit at all times during the trip. We recommend that you bring a small personal first aid kit containing any medication you may need such as inhalers, plasters, antiseptic and painkillers.

## ***Passeport***

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Most travellers require a passport that is valid for at least three months after the return date. It is your responsibility to confirm your specific passport requirements and please be aware that proof of onwards travel may be required.

## ***Visa***

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Most travellers do not need a VISA to travel to Greenland but proof of onwards travel may be required. It is your responsibility to confirm your specific visa requirements.

## ***Vaccins obligatoires***

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There are no specific health risks.

## ***Santé / recommandations sanitaires***

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It is your responsibility to check that your personal health insurance covers everything in this trip. A consultation with your doctor is a prerequisite for any trip.

## ***Climat***

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Year round the temperatures in Greenland can range from -25°C to more than 20°C (-13°F to +68°F). The air is low in humidity which means that the temperatures do not feel as cold as you might imagine and that the views are amazing, it appears that you can see further. Generally speaking Greenland is not very windy and the warmest months are June - August.

The length of the day varies significantly throughout the year. The shortest day of the year is 21st December with no sunlight! The longest day, with 24 hours of sunlight, is 20th June. You can see the midnight sun from May - July and the Northern Lights in the darker months.

## ***Electricité***

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Greenland uses Northern European electrical standards (50Hz/220 volts) and the standard Europlug socket with two round prongs.

## ***Heure locale***

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Most of Greenland uses Coordinated Universal Time (UTC)/ Greenwich Mean Time (GMT) -3; most areas use Daylight Saving Time (DST).

## ***Géographie***

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**Area:** 836,300 mi<sup>2</sup>

**Population:** 56,186 inhabitants (2016)

**Capital:** Nuuk

**Languages:** Kalaallisut or West Greenlandic, Danish is also widely used

**Regime:** Part of the Kingdom of Denmark but politically autonomous

Part of the continent of North America, Greenland is the largest island on Earth and it is covered by the largest ice sheet in the world outside of Antarctica.

## ***Tourisme responsable***

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As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take responsible tourism very seriously.

We respect the 'Leave No Trace' outdoor ethical code and try to explore this beautiful location whilst causing minimal environmental damage.

The Leave No Trace policy can be summarized in 7 simple steps which we hope you will follow during our trip...

1. Be prepared
2. Stick to trails and camp overnight right
3. Stash your trash and pick up waste
4. Leave it as you find it
5. Be careful with fire
6. Respect wildlife
7. Be considerate of other visitors

Over the years we have built up good relations with our local suppliers and we are keen to support local businesses as much as possible. We are a small company and we pay our local partners and suppliers directly insuring fair rates.

Our small group sizes not only provide a more intimate adventure but also cause less impact on the environment and local communities.

We expect all who travel with us to support and uphold our Sustainable Tourism philosophies.