

# HIKING AND KAYAKING TO THE ICE CAP

L'aventure d'une vie ! Rejoignez cette expédition en kayak de mer dans la nature sauvage du Groenland. Expérimentez le voyage en kayak de mer, qui vous permet d'atteindre des sites normalement inaccessibles, une 'vraie' expérience du hors sentier. Vous randonnez à pied et pagayez dans l'une des zones les plus reculées de la planète. Et profitez de la paisibilité du lieu en pagayant silencieusement dans des eaux remplies d'iceberg où les baleines sont fréquentes.

 Région	Baie de Disko
 Activité	Eté Kayak de mer Randonnée
 Durée	8 jours
 Groupe	5 à 12 personnes
 Code	GROWAK
 Prix	A partir de 1 890 €
 Niveau	2/5
 Confort	1/5
 Langue(s)	anglais

## PROGRAMME

### 📍 Jour 1 Ilulissat - Oqaatsut



Accueil par votre guide à Ilulissat puis excursion en bateau vers le village isolé d'Oqaatsut. Ce petit village abrite environ 45 personnes qui vivent dans des maisons colorées traditionnelles. Nous prenons le temps d'explorer ce charmant village du bout du monde avec sa culture inuit traditionnelle et faisons une première randonnée pour explorer nos magnifiques environs.

*Hébergement : Refuge*

### 📍 Jour 2 Our kayaking adventure begins



After an introduction to sea-kayaking techniques, navigation skills and an equipment check, we load up our boats and set off northwards. Our expedition begins with a calm day - you will be weaving in and out of Icebergs and paddling with confidence in no time! We set up camp in a sheltered bay and enjoy the chance to live like a traditional Inuit community - learn bushcraft skills and go foraging to add to our evening meal.

*Activities: Sea kayaking 5 hours*

*Accommodation: Camping*

### 📍 Jours 3 à 4 Kayaking to Pakitsoq Bay



The adventure continues - we pack up camp, load up our boats and head north to Pakitsoq Bay. Keep your eyes open for whales, seals and eagles as we head deeper into the wilderness...

*Activities: Hiking and kayaking, 5-6 hours*

*Accommodation: Camping*

### 📍 Jour 5 Pakitsoq Bay and the ice sheet



Learn tidal navigation skills as we kayak from our campsite into the Fjord. From here, we can hike up to stunning views of the ice sheet; we explore the area on foot and by kayak. This isolated part of Greenland is home to a range of flora and fauna including whales...

Activities: Kayaking, 5-6 hours

Accommodation: Camping

#### 📍 Jours 6 à 7 **Kayaking to Oqaatsut**



We load up our kayaks - a beautiful two day journey through Greenlands picturesque scenery awaits. Keep your eyes open for whales, seals and eagles as we paddle around icebergs and make our way back to Oqaatsut.

Activities: Kayaking, 6-7 hours

Accommodation: Night 6 camping & night 7 in hostel accommodation

#### 📍 Jour 8 **Ilulissat**



Breakfast and return boat trip to Ilulissat

Transport: Boat

*The details in this programme are updated regularly but imponderables and unpredictable circumstances may result in inaccuracies. In order to provide the adventure which is best suited to your demands, the weather and the operational conditions, changes to the itinerary may be made. For safety reasons, we reserve the rights to interrupt your participation at any time if your technical level or fitness is deemed unsuitable or if you are seen as a danger to yourself or to those around you. This will in no case give rise to refunds or compensation.*

### **Other trips you may like**

Discover West Greenland: Live like an Inuit in one of the most isolated and captivating destinations in the world. This adventure includes a mini wilderness camping expedition, hiking, kayaking, whale watching and walking on the ice cap! A complete discovery of West Greenland and simply unforgettable family holiday.



### Départs internationaux :

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*Pas de départ pour l'instant*

Code voyage: GROWAK

### Le prix comprend

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- All in-country transfers as detailed in itinerary
- Accommodation as detailed in itinerary
- Full board from lunch Day 1 to breakfast Day 8
- Full supervision by a qualified expert Altaï guide
- Two nights in traditional style accommodation in Oqaatsut
- All technical equipment provided (camping, sea kayaking...)

### Le prix ne comprend pas

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- Registration fee: €18 (free for under 12s)
- International flights

### Optional activities

Please let us know if you would like to reserve any of the following optional activities:

- Greenlandic meal in traditional restaurant: prices vary from €25

### Remarques

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*For many years, we put our know-how and our experience of nature and adventure travel in Greenland to the service of travelers from different horizons. You may find yourself in an international group with participants from our various partners.*

#### Comfort - 1/5 Camping

Normally we provide a 3 man dome tent per 2 people for maximum space and comfort. For our basecamps we usually set up a fully equipped mess tent for meal times, including a table and stools. We are proud of our quality camping equipment and take care to monitor and store everything correctly. This trip also includes nights in local guesthouse and hostel accommodation with shared facilities.

#### Level - 2/5 Moderate

This trip is accessible to anyone with a sense of adventure and a positive attitude. You do not need previous sea kayaking experience but physically you should be able to swim 100m and participate in 5-6 hours of hiking/kayaking per day. Our hikes are not technically difficult but venture over uneven terrain. This trip involves camping and please note that your help with tasks like cooking is much appreciated and expected - we want you to be a part of our team.

### Conditions de paiement et d'annulation

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#### Inscription

L'inscription à l'une de nos activités ou voyage implique l'acceptation des conditions générales de vente. Chaque client doit remplir un bulletin d'inscription. L'inscription n'est acceptée qu'avec le versement d'un acompte représentant 30% du montant total du voyage et dans la mesure des places disponibles. Si l'inscription se fait à moins de 35 jours du départ, le prix total du voyage devra être réglé dès l'inscription. Vous pouvez effectuer votre paiement par virement bancaire (SWIFT/IBAN) ou par carte bleue directement sur le site. Une confirmation d'inscription vous sera envoyée par mail dans les plus brefs délais.

#### Facturation

Une fois votre réservation enregistrée, nous vous envoyons par mail votre facture. Le solde doit nous parvenir au moins 35 jours avant votre date d'arrivée. Si le solde du voyage ne nous est pas parvenu dans ces délais, Altaï Greenland se réserve le droit d'annuler la réservation sans indemnité.

#### Annulation

Si pour quelque raison que ce soit, vous devez annuler votre voyage, les sommes que vous avez versées vous seront remboursées sous réserve des retenues suivantes :

- Annulation reçue plus de 30 jours avant la date de départ : une somme de 50 € par personne sera retenue.

- Annulation reçue 30 à 21 jours avant la date de départ : votre acompte, 30% du prix total du voyage sera retenu.
- Annulation reçue 20 à 14 jours avant la date de départ : 50% du prix total du voyage sera retenu.
- Annulation reçue 13 à 7 jours avant la date de départ : 75% du prix total du voyage sera retenu.
- Annulation reçue moins de 7 jours avant la date de départ : 100% du prix total du voyage sera retenu.

**Vous devez nous faire connaître votre décision d'annulation par écrit. C'est la date de réception de votre demande qui déterminera la date de votre annulation.**

#### **Cas particuliers :**

Quelle que soit la date d'annulation ou de modification de contrat, les frais suivants s'ajoutent au barème ci-dessus :

- Frais fixes aériens : si votre billet d'avion doit être émis longtemps à l'avance, souvent pour vous éviter des suppléments importants, 100% des frais non remboursables en cas d'annulation ou de modification de votre plan de vol vous seront facturés. Dans ce cas le barème ci-dessus ne s'applique que sur le prix du voyage sans le vol.
- Frais fixes terrestres : les frais engagés tôt pour des réservations fermes vous seront facturés en cas d'annulation.
- Frais d'assurance : que vous ayez souscrit une assurance multirisques ou une assurance annulation, le montant de l'assurance est dû et ne peut faire l'objet d'aucun remboursement. Ces conditions spécifiques vous seront signifiées sur votre confirmation d'inscription.

Si Altaï Greenland se trouve dans l'obligation d'annuler un départ en groupe, en raison du nombre insuffisant de participants, la décision sera prise et les clients informés au plus tard 21 jours avant le départ. Altaï Greenland peut également annuler un départ suite à des événements exceptionnels, relevant notamment des cas de force majeure pouvant porter atteinte à la sécurité des participants. Dans ces cas les participants seront remboursés intégralement des sommes qu'ils ont versées sans toutefois pouvoir prétendre à aucune indemnité.

#### **Modification du contrat**

En cas de modification d'un voyage par le client entraînant des frais pour Altaï Greenland, ces frais seront à la charge du client. Dans tous les cas, toute modification fera l'objet d'un écrit. Altaï Greenland pourrait modifier des éléments au contrat de voyage, si des événements extérieurs à notre volonté s'imposaient. Nos clients en seraient informés par écrit dans les plus brefs délais.

#### **Prix et révision des prix**

Pour les voyages en groupe, les prix figurant sur le site internet ont été calculés et sont valables pour le nombre indiqué de participants pour chaque voyage. Les tarifs sont confirmés lors de l'inscription. Si le nombre de participants est inférieur, un supplément petit groupe peut être appliqué. Pour tous les séjours ou programmes, nous mentionnons le prix par personne, valable à partir d'un certain nombre de participants, et nous détaillons les prestations incluses et non incluses de ce prix. Toute modification des taux de change, des prix des différents éléments composant un voyage et en particulier le prix des carburants peut entraîner un réajustement du prix.

#### **Cession du contrat**

Vous avez la possibilité de céder votre contrat à un cessionnaire qui remplit les mêmes conditions que vous pour effectuer le voyage tant que ce contrat n'a produit aucun effet. Vous êtes tenu d'informer Altaï Greenland de votre décision par tout moyen permettant d'en obtenir un accusé de réception et au plus tard sept jours avant le début du voyage. En cas de cession de contrat, le cédant et/ou le cessionnaire sont préalablement tenus d'acquitter les frais induits par la cession qui vous seront communiqués par votre conseiller. Le cédant et le cessionnaire sont solidairement responsables du paiement du solde du prix ainsi que des frais, redevances ou autres coûts supplémentaires éventuellement occasionnés par cette cession.

#### **Assurance**

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Nous vous invitons à souscrire une assurance personnelle garantissant les activités pratiquées avec Altaï Greenland dès que votre inscription est validée. Nous vous demandons de bien vouloir nous communiquer par mail les informations de votre contrat d'assurance (nom de la compagnie, nom du contrat, n° de police d'assurance, n° de téléphone) et d'emporter ces informations avec vous lors de votre séjour.

### ***Encadrement***

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You will be welcomed at the airport by a representative from our friendly team and accompanied for the duration of your holiday. Armed with an abundance of experience and a wealth of expert knowledge our professional Greenland team know the country inside out. All activities are lead by our qualified guides. They are all English speaking outdoor practitioners with a passion for everything Greenlandic. Please note that this adventure takes place in an isolated polar environment which can be hostile - your guide will explain safety rules which must be followed.

### ***Alimentation***

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This trip includes full board except the final evening meal in Ilulissat - we are proud of the varied, fresh and frankly delicious food we provide on our camping trips. Meals are based on a selection of local products and you will have the opportunity to try Greenlandic delicacies such as cod, arctic char and mussels.

Each day will start with a hearty breakfast accompanied by plenty of tea and coffee. Then you will prepare your own picnic lunch for the day from a buffet style array of options - everyday there will definitely be sandwiches, hot drinks and cakes among the other options. Each evening meal will include three courses- we try to offer fresh fruit and vegetables everyday but this is not always possible in Greenland!

Your help in the kitchen is expected and much appreciated, particularly in the evenings. We like when the whole group work as a team to cook dinner, it creates a pleasant atmosphere as we reflect on the days adventures together.

Please let us know about any dietary requirements when you book the trip and we will work with you to cater for your needs.

### ***Hébergement***

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#### **Oqaatsut**

We sleep in a rustic village refuge in the heart of the traditional Greenlandic settlement. There is no running water so we use water from a fountain. Showers are found in a village communal house for a small fee (€2). We use shared dry toilets which are the only facilities in a number of small Greenlandic settlements.

#### **Wild Camping**

We provide quality 3 man dome tents, 1 per 2 people for maximum space and comfort plus a spacious fully equipped mess tent complete with a table and stools for communal moments and mealtimes.

### ***Déplacement et portage***

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In Greenland we use local boats, specially adapted for ice navigation, to cross fjords.

### ***Budget et change***

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The currency in Greenland is the Danish Krone (DKK)

Please budget for a meal in Ilulissat: €25-€70 / 200-500DKK. Alcohol is very expensive in Greenland, if you want to enjoy an evening drink after your days adventures, we recommend buying Duty Free alcohol in the airport.

### ***Équipement fourni sur place***

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We provide you with the technical equipment you will need for this adventure - all you need to bring are your hiking boots.

We will provide everything else including:

- 3 man dome tents (1 per 2 people for maximum space and comfort)
- Self-inflating sleeping matt
- A mess tent with table, stools and cooking equipment
- Tandem sea kayak with directional rudder
- A Gore-tex dry suit with integrated warm fleece liner
- A spray deck
- A life jacket

Our sea kayaks were chosen for their stability and comfortable, they are suitable for first time kayakers. Average speed 2-3 miles per hour, up to 6 miles per hour. Suitable for all sea conditions and in the unlikely event of capsizing they are surprisingly easy to right, even at sea you would be back on board and paddling in no time.

## ***Equipement indispensable***

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- Sleeping bag (comfortable at 0°C for maximum warmth)
- Walking boots
- Waterproof jacket (with a hood)
- Waterproof trousers
- A warm jumper or two
- Suitable underwear, t-shirts and walking trousers
- Thermals - top & long johns
- A swimsuit
- Warm gloves and hat (even in the summer - evenings can be chilly)
- Sunhat and sun cream
- Sunglasses (UV 400)
- Any personal medication
- Towel & toiletries
- A water bottle
- A small rucksack to use as a day bag
- Warm pyjamas
- Head torch & spare batteries (although it is nearly always light in the summer months)

## ***Matériel***

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We prefer that you do not wear cotton clothing, including underwear, when participating in activities. When cotton gets wet from water or sweat it ceases to insulate and it does not dry fast. The best materials for outdoor activities are fast drying materials like polyester or materials which are warm when wet like wool. The most powerful materials against the wind and rain are 'breathable' materials like Gore-Tex or Nikwax.

### **Our advice for keeping warm**

Winter in Greenland can be very cold, please think carefully about what clothes you bring, although we will provide warm outer layers, the layers you wear next to your skin make the biggest difference. We recommend:

- No cotton
- Bring dry spares of everything, even underwear and gloves
- Wear multiple layers including:
  1. A warm breathable base layer
  2. A second thermal layer
  3. Wind and waterproof protective out layer (we provide an additional quality jacket and over trousers)

## ***Equipement utile***

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You may also consider packing

- Your camera
- Binoculars
- A notepad and pencil
- A thermos flask
- Plastic bags for wet/dirty clothing
- A comfortable evening outfit
- Walking poles
- Inflatable pillow
- Insect repellent
- Blister plasters
- Tissues

## ***Bagages***

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Please bring a small rucksack to use as a day bag. You can bring this as hand luggage on the aeroplane. You will carry your lunch, water, spare layers and any personal medication with you each day in this bag. You will also need a larger bag to store your other clothes and belongings in, please ensure that this is a soft bag like a rucksack or holdall rather than a hard cased suitcase because it is more practical. We recommend packing all of your clothes in plastic bags so that they stay dry in the event of wet weather.

## ***Pharmacie***

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Your guide is a trained first-aider and will carry a full first aid kit at all times during the trip. We recommend that you bring a small personal first aid kit containing any medication you may need such as inhalers, plasters, antiseptic and painkillers.

## ***Passeport***

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Most travellers require a passport that is valid for at least three months after the return date. It is your responsibility to confirm your specific passport requirements and please be aware that proof of onwards travel may be required.

## ***Visa***

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Most travellers do not need a VISA to travel to Greenland but proof of onwards travel may be required. It is your responsibility to confirm your specific visa requirements.

## ***Vaccins obligatoires***

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There are no specific health risks.

## ***Santé / recommandations sanitaires***

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It is your responsibility to check that your personal health insurance covers everything in this trip. A consultation with your doctor is a prerequisite for any trip.

## ***Climat***

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Year round the temperatures in Greenland can range from -25°C to more than 20°C (-13°F to +68°F). The air is low in humidity which means that the temperatures do not feel as cold as you might imagine and that the views are amazing, it appears that you can see further. Generally speaking Greenland is not very windy and the warmest months are June - August.

The length of the day varies significantly throughout the year. The shortest day of the year is 21st December with no sunlight! The longest day, with 24 hours of sunlight, is 20th June. You can see the midnight sun from May - July and the Northern Lights in the darker months.

## ***Electricité***

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Greenland uses Northern European electrical standards (50Hz/220 volts) and the standard Europlug socket with two round prongs.

## ***Heure locale***

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Most of Greenland uses Coordinated Universal Time (UTC)/ Greenwich Mean Time (GMT) -3; most areas use Daylight Saving Time (DST).

## ***Géographie***

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**Area:** 836,300 mi<sup>2</sup>

**Population:** 56,186 inhabitants (2016)

**Capital:** Nuuk

**Languages:** Kalaallisut or West Greenlandic, Danish is also widely used

**Regime:** Part of the Kingdom of Denmark but politically autonomous

Part of the continent of North America, Greenland is the largest island on Earth and it is covered by the largest ice sheet in the world outside of antarctica.

## ***Tourisme responsable***

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As adventure and wilderness travel experts who run trips to some of the most remote parts of the world, we take responsible

tourism very seriously.

We respect the 'Leave No Trace' outdoor ethical code and try to explore this beautiful location whilst causing minimal environmental damage.

The Leave No Trace policy can be summarized in 7 simple steps which we hope you will follow during our trip...

1. Be prepared
2. Stick to trails and camp overnight right
3. Stash your trash and pick up waste
4. Leave it as you find it
5. Be careful with fire
6. Respect wildlife
7. Be considerate of other visitors

Over the years we have built up good relations with our local suppliers and we are keen to support local businesses as much as possible. We are a small company and we pay our local partners and suppliers directly insuring fair rates.

Our small group sizes not only provide a more intimate adventure but also cause less impact on the environment and local communities.

We expect all who travel with us to support and uphold our Sustainable Tourism philosophies.